

7th ANNUAL NATIONAL CONFERENCE OF THE SOCIETY FOR PROMOTION OF EDUCATION IN ENDOCRINOLOGY & DIABETES (SPEED)

THEME:
PRACTICAL PEARLS IN ENDOCRINOLOGY & DIABETES

**FEBRUARY
3 - 4, 2024
Hotel Andaz, Aerocity,
New Delhi**



11 Hrs & 20 Mins

**CME Credits awarded
for the conference by
Delhi Medical Council**



3rd February 2024

Saturday

Hall A

Time	Topic	Speaker
12:00 - 1:00 PM	Registration	
1:00 - 2:00 PM	LUNCH	
2:00 - 3:00 PM	Endocrine Harmony - Dashing Duologues Session Coordinators: Ritu Jaisani, Rachna	
	Chairpersons: Suresh Mittal, Seema Shahi, Deepak Kothari, Ratnakar Sahoo	
2:00 - 2:20 PM	Practical pearls for exercise prescription in Type 1 diabetes	Radhika Jindal & Anshita Aggarwal
2:20 - 2:40 PM	When to de-escalate diabetes medications?	Kumar Abhisheka & Arun Kumar
2:40 - 3:00 PM	Artificial sweeteners: are they really sweet?	Danendra Sahu & Rahul Chauda
3:00 - 4:20 PM	Endocrine Enigmas	
	Chairpersons: Anupam Prakash, Princi Jain, Rupali Malik, Aprajita Pradhan	
3:00 - 3:20 PM	40-year-old female with 3 cm adrenal lesion detected on routine USG - what next?	Ashu Rastogi
3:20 - 3:40 PM	Fragile breaks - Approach to low trauma fracture	Thomas V Paul
3:40 - 4:00 PM	Dos and Don'ts in the management of post-transplant diabetes	Atul Dhingra
4:00 - 4:20 PM	Novel lipid lowering drugs	Manash P Baruah
4:20 - 4:30 PM	Tea Break	
4:30 - 5:30 PM	Unconventional Endocrinology	
	Chairpersons: Ritesh Gupta, Pulin Gupta, Harish Vashisht, Saurav Shishir Agrawal	
4:30 - 4:50 PM	Endocrinopathy with immune checkpoint inhibitors	Alpesh Goyal

3rd February 2024

Saturday

Hall A

Time	Topic	Speaker
4:50 - 5:10 PM	Endocrine disorders in psychiatry clinic	Sachin Chittawar
5:10 - 5:30 PM	Recent updates in FCPD	Sujoy Ghosh
5:30 - 5:45 PM	Tea Break	
Plenary Session - Hall A + B		
5.45 - 7.30 PM	Endocrine Masterclass Session Coordinators: Bhawna Attri, Saurav Shishir Agrawal	
	Chairpersons: RM Chhabra, Hemant Sharma, AK Jhingan, Vikas Singla, RN Prasad	
5:45 - 6:15 PM	Managing NAFLD/NASH in your practice	SK Sarin
6:15 - 6:45 PM	Dronacharya Oration Difficult to treat hypothyroidism	Nikhil Tandon
6:45 - 7:30 PM	Panel Discussion Medico legal dilemmas in clinical practice Moderator: Girish Tyagi	Rajiv Gupta Arun Gupta Arvind Arya
7:30 PM	🎵 Music & Dinner	

Hall B

Time	Topic	Speaker
1:00 - 2:00 PM	LUNCH	
2:00 - 3:00 PM	Newer treatment armamentariums in diabetes Session Coordinators: Shweta Sharma, Meenakshi Gupta	
	Chairpersons: NN Jha, Paras Gangwal, Rakesh Sood, Aparna Agarwal	
2:00 - 2:20 PM	Optimizing cardiorenal metabolic care with a harmonious blend of SGLT2i + DPP4i combination in T2DM	SK Wangnoo

3rd February 2024

Saturday

Hall B

Time	Topic	Speaker
2:20 - 2:40 PM	Moving forward: Gaining a wider outlook of diabetes management with Gen 2.0 basal insulin	Sudhir Tripathi
2:40 - 3:00 PM	Automation in Insulin Delivery	Ohad Cohen

3:00 - 5:30 PM	Endocrine Emergency Symposium	
	Course Moderators: Aseem Dewan, Ashok Taneja Course Coordinators: Setu Gupta, Anupam Biswas	
3:00 - 3:40 PM	Emergencies in Diabetes Care Chairpersons: SL Verma, Satish Chugh, Ashok Gupta, Alka Sharma	
3:00 - 3:20 PM	Controversies in the management of DKA (duologue)	Arjun R & Rajan Palui
3:20 - 3:40 PM	Hypoglycemia case-based approach (duologue)	Shreya Sharma & Sweetie Agrawal
3:40 - 4:20 PM	Thyroid Emergencies Chairpersons: Anil Jain, Sunil Kohli, Vineet Jain, Arshdeep Maman	
3:40 - 4:00 PM	Clinical pearls in Myxedema coma	H K Ganesh
4:00 - 4:20 PM	Emergencies associated with thyrotoxicosis	Gagan Priya
4:20 - 4:30 PM	Tea Break	
4:30 - 5:10 PM	Electrolyte/Metabolic Disturbances Chairpersons: Ankur Aggarwal, Alpna Chugh, Deepmala Lalchandani, Shuchin Bajaj	
4:30 - 4:50 PM	Hypokalemia and endocrine connection	Nishant Raizada
4:50 - 5:10 PM	Management of hypercalcemic crisis - case based approach	DC Sharma

Hall B

Time	Topic	Speaker
5:10 - 5:30 PM	Pituitary Surprise	
	Chairpersons: Vinod Kapoor, Navneet Gill, Avatar Hansa, Prayas Sethi	
5:10 - 5:30 PM	Pituitary apoplexy-what physicians should know	MV Rama Mohan

3rd February 2024

Saturday

Hall C

Time	Topic	Speaker
1:00 - 2:00 PM	LUNCH	
2:00 - 2:30 PM	Duologue - Treat to target vs. treat the organ Session Coordinator: Rachna Chairpersons: SK Agarwal, Sunita Aggarwal, NK Khanna, Sandeep Suri	Parminder Singh & Debmalya Sanyal

2:30 - 5:00 PM	Diabetic Foot Workshop	
	Course Moderators: Rajiv Singla, MG Vashisht Course Coordinators: Radhika Jindal, Anshita Aggarwal	
2:30 - 3:00 PM	Infected diabetic foot ulcer: A case discussion Chairpersons: AR Bansal, Archana, Kanwar Singh Goel, MC Gupta Moderator: Anurag Mishra	Sumit Kumar
3:00 - 3:30 PM	Charcot foot: A case discussion Chairpersons: Sumit Arora, Praveen Kundu, RK Chowdhary, Vipul Vijay, Nishikant Damle Moderator: Vivek Aggarwal	Govind Singh Bisht

3rd February 2024

Saturday

Hall C

Time	Topic	Speaker
	Chairpersons: Anuj Chawla, Rakesh Mittal, Sujoy Neogi, Hemant More	
3:30 - 4:00 PM	Osteomyelitis, Importance of Gait and Physiotherapy in patients with Diabetes related foot ulcers	Nihal Thomas
4:00 - 4:30 PM	Offloading in Diabetes and Foot ulcers - Case Based discussions	Felix Jebasingh
4:30 - 5:00 PM	Evaluation of Peripheral Neuropathy-Bedside, Footcare Including Callous, parts of footwear and Evaluation	Bharathi Saravanan
7:30 PM onwards	 Music & Dinner	

4th February 2024

Sunday

Hall A

Time	Topic	Speaker
	Session Coordinators: Anshul Kumar, Monika Goyal	
9:00 - 10:00 AM	Thyroid Truths	
	Chairpersons: Bimlesh Dhar Pandey, Ghanshyam Pangtey, Varun Arora, Abhinav Garg	
9:00 - 9:20 AM	Thyroid on the internet: myths & misperceptions	Rajeev Khanna
9:20 - 9:40 AM	Drugs and Thyroid: Making sense in clinical practice	SK Sharma
9:40 - 10:00 AM	Common mistakes in the management of thyroid nodules	Shinjan Patra
10:00 - 10:20 AM	Diabetes Dil Se	
	Chairpersons: Vikas Thakran, KK Jindal, Ajay Yadav, VK Rastogi	
	Diabetes and heart failure- Interplay and novel therapeutics	Aditya Batra
10:20 - 10:40 AM	Endocrine hypertension-Practical pearls for physicians	Sanjay Bhadada
10:40 - 11:00 AM	GLP-1 agonist- cautions and precautions	Shivani Sidana
11:00 - 11:15 AM	Tea Break	
Plenary Session - Hall A + B		
11.15 - 11.45 AM	State of the Art Session Coordinators: Neelam Pandey, Anu Mathew	
	Chairpersons: Neeraj Nischal, KS Chadha, Sandeep Garg, Monika Sharma	
11.15 - 11.45 AM	Endocrinology of transgender care	Rajiv Singla
11:45 AM-12:15 PM	Plenary Hypoparathyroidism-A primer for the physicians	R Goswami
12.15 - 12.45 PM	SPEED Oration Screening for asymptomatic heart failure in diabetes	Ameya Joshi

4th February 2024

Sunday

Hall A

Time	Topic	Speaker
1:15 - 2:00 PM	LUNCH	
2:00 - 3:00 PM	Technology/Genetics in Diabetes: Futuristic Diabetes Session Coordinators: Ritu Jaisani, Rachna	
	Chairpersons: Kishore Kumar, Jasminder Singh, Monika Goyal, Vipul Gupta	
2:00 - 2:20 PM	When to consider genetic testing in diabetes	Ritesh Agrawala
2:20 - 2:40 PM	CGM - when, how and which device?	Suresh Damodharan
2:40 - 3:00 PM	Artificial intelligence and insulin dosing	Kaushik Biswas
3:00 - 3:40 PM	Obesity Can Be Overcome	
	Chairpersons: Sanjay Arora, Rakesh Pandit, Ajay Pratap, Rajesh Soni	
3:00 - 3:20 PM	Pharmacotherapy for obesity: drugs and knives	Deep Dutta
3:20 - 3:40 PM	Follow up of post bariatric surgery patient	Vivek Bindal
3:00 - 3:40 PM	Endocrine blockbusters: Hormonal use and abuse	
	Chairpersons: Ram Babu, Neha Garg, YC Porwal, Inder Kasturia	
3:40 - 4:00 PM	Low testosterone in men-when to treat	A Prem Kumar
4:00 - 4:20 PM	Hormones as performance enhancing agents	R Santosh

Hall B

Time	Topic	Speaker
	Session Coordinators: Shreya Sharma, Shweta Sharma	
9:00 - 10:00 AM	Diabetes Dialogues	
	Chairpersons: Amanpreet Riar, Pratap Singh, Nitant Singhal, Rohit Kapoor	
9:00 - 9:20 AM	Tailoring diabetes therapy: role of degludec and its coformulation	Subhankar Chowdhury

4th February 2024

Sunday

Hall B

Time	Topic	Speaker
9:20 - 9:40 AM	Biosimilar insulin aspart-revolutionizing accessible diabetes care	Saptarshi Bhattacharya
9:40 - 10:00 AM	Bridging gaps in PPG control with insulin	Vimal Upreti
10:00 - 11:00 AM	Endocrine Exchanges	
	Chairpersons: Nitin Kaura, Vikas Bhatthi, Sunil Massand, Shankha Shubhra Sen	
10:00 - 10:20 AM	A novel approach to address the diabetes burden: Pioneering with oral semaglutide	Vipin Talwar
10:20 - 10:40 AM	Interchangeable Insulin-changing landscape in diabetes management	Richa Chaturvedi
10:40 - 11:00 AM	Lessons learned: 20 years of clinical experience with basal insulin	Neeru Gera

2:00 - 4:30 PM	Reproductive Endocrine Symposium	
	Course Moderators: Rekha Mehra, Kamlesh Dhingra Course Coordinators: Danendra Sahu, Rahul Chauda	
2:00 - 2:40 PM	Pregnancy Endocrine Recital	
	Chairpersons: Neeru Kiran, Ruchi Verma, Shilpa Ghosh, Taru Gupta	
2:00 - 2:20 PM	Management of hyperglycemia in early pregnancy	Yashdeep Gupta
2:20 - 2:40 PM	Thyroid autoimmunity in obstetric practice	Rajesh Khadgawat
2:40 - 3:20 PM	Jugalbandi of Hormones	
	Chairpersons: Monika Bhatia, Anita Rajorhia, Sunita Lamba, Asha Hans	
2:40 - 3:00 PM	Female sexual dysfunction and diabetes	Lakshmi Nagendra & Sunetra Mondal
3:00 - 3:20 PM	Hormones and mood from menarche to menopause	Nalini Kopalle & Bhawna Attri

4th February 2024

Sunday

Hall B

Time	Topic	Speaker
3:20 - 3:50 PM	War for Hormones	
	Chairpersons: Sadhna Gupta, Anita Bansal, Suman Kharbanda, Sakshi Bansal	
3:20 - 3:50 PM	Debate: Myoinositol has definite role in the treatment of PCOS	For- V Srinagesh Against- Arun Pandey
3:50 - 4:30 PM	Transformational Hormones	
	Chairpersons: Akta Bajaj, Reetu Hooda, Smriti Attam, Seema Sehgal	
3:50 - 4:10 PM	Fertility management in hypogonadotropic hypogonadism	Priti Gupta
4:10 - 4:30 PM	Precocious puberty in girls - evaluation and management	Aashima Dabas

Hall C

Time	Topic	Speaker
9:00 - 11:00 AM	Oral Paper Presentations	
2:00 - 4:30 PM	Endocrine cases review for residents Course Moderators: Richa Dewan, Suresh Kumar Course Coordinators: Sweety Agrawal, Monika Sharma	
2:00 - 2:05 PM	Welcome Address - Course Moderators	
2:05 - 2:50 PM	Chairpersons: Pavan Kharbanda, GC Jawa, Sudhir Atri, HK Aggarwal	
	Practical cases in Diabetes Moderator: SV Madhu	Setu Gupta, Rajeev Kasliwal, Anu Mathew
2:50 - 3:20 PM	Interesting cases in thyroid Moderator: JP Sahoo	Neelam Pandey, Anupam Biswas, Manoj Kumar

4th February 2024

Sunday

Hall C

Time	Topic	Speaker
3:20 - 3:50 PM	Chairpersons: Anshul Kumar, Kiran Banerjee, Suvrit Jain, Smita Ramachandran	
	Interesting cases of MBD Moderator: Balram Sharma	Hridish Chakravarti, Saket Kant, Ashok Kumar
3:50 - 4:20 PM	Interesting cases of Adrenal & Pituitary Moderator: Sunil Mishra	Ajay Aggarwal, T Satish Chandra, Naseer Ali
4:20 PM	Concluding Remarks - Course Moderators	

Conference Registration Fees

Category	Till 31 st January 2024	From 1 st February Onwards
Delegate	INR 10,000	INR 20,000
PG Residents*	INR 5,000	INR 10,000

*Mandatory for PG residents to submit the HOD Approval letter

Bank Details

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