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SPEED Endocrine e-Dialogues (SEED)

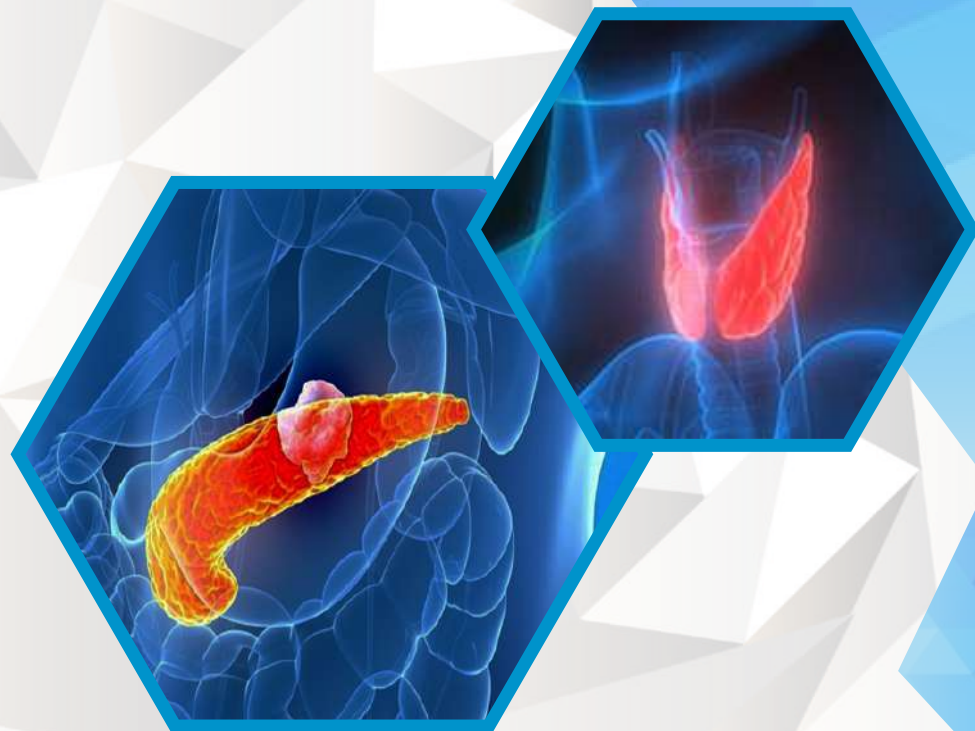
A Web Based Program

25th-27th September, 2020

Organized by:

**Society for Promotion of
Education in Endocrinology &
Diabetes (SPEED)**

Scientific Programme



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Scientific Programme

Friday, 25th September, 2020

Day-1

Hall: Endo Bubble			Hall: Knowledge Cloud		
Time	Topic	Speaker	Time	Topic	Speaker
1615 - 1750 hrs	Session 1: Endocrine browser		1600 - 1700 hrs	Session 1: Diabetes Crosstalks	
	Chairperson: S L Verma Moderator: Saptarshi Bhattacharya			Chairpersons: Vitull Gupta, Sunny Chinenye Moderator: Deep Dutta	
1615 - 1630 hrs (15 Min)	Inaugural Address	Sameer Aggarwal	1600 - 1630 hrs (20+10 mins)	T2DM with CKD: Therapeutic Options and Clinical Considerations	Sudhir Tripathi
1635 - 1700 hrs (20+5 min)	Hypertriglyceridemia in diabetes: When and why to treat?	Ganapathi Bantwal	1630 - 1645 hrs (15 min)	Foundational Role of SGLT2-i in Cardio-Renal-Metabolic Risk Management in type 2 diabetes	Deepak Khandelwal
1700 - 1725 hrs (20+5 min)	Hormone use and abuse by athletes	Shashank Joshi	1645 - 1700 hrs (15 min)	Empagliflozin/Linagliptin FDC: Where does it fit in Type 2 Diabetes Management?	Sanjay Kalra
1725 - 1750 hrs (20+5 min)	Diabetes Subtypes in Indian Context	V Mohan	1700 - 1800 hrs	Session 2: Endocrine Exchange	
1750 - 1800 hrs	Break			Chairpersons: B S Bhatia, Rasha Tarif Moderator: Deep Dutta	
			1700 - 1720 hrs (18+2 Min)	Efficacy and safety of Canagliflozin: Newer Insights	A K Singh
			1720 - 1740 hrs (18+2 Min)	Type 2 DM with clinical concern for CVD: Which GLP-1 RA to be used?	Girish Parmar
			1740 -1800 hrs (18+2 Min)	The Centurion Defender - Vitamin D	Parag Shah
1800 - 1915 hrs	Session 2: Case Discussion: Erectile Dysfunction		1800 - 1815 hrs	Break	
	Chairpersons: Sudeep Ruder, Amarpreet Riar Moderator: Saptarshi Bhattacharya		1815 - 1930 hrs	Session 3: Domains of Hormones	
1800 - 1810 hrs (10 min)	Case presentation	Atul Dhingra		Chairperson: Suresh Mittal, Dayanand Moderator: Deep Dutta	
1810 - 1830 hrs (20 min)	Approach to hypogonadism	Kumar Abhishek	1815 - 1840 hrs (20+5 min)	Hypopituitarism: Clinical pearls for physicians	S K Wangnoo
1830 - 1850 hrs (20 min)	Erectile Dysfunction in diabetes	Abhilash Nair	1840 - 1905 hrs (20+5 min)	Framework of Digital Diabetes Clinic	Rajiv Singla

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Friday, 25th September, 2020

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Hall: Endo Bubble			Hall: Knowledge Cloud		
Time	Topic	Speaker	Time	Topic	Speaker
1850 - 1900 hrs (10 min)	Case conclusion	Atul Dhingra	1905 - 1930 hrs (20+5 min)	Endocrine approach to recurrent renal calculi	Sameer Aggarwal
1900 - 1915 hrs (15 min)	Q & A				
1915 - 1930 hrs	Break		1930 - 1940 hrs	Break	
1930 - 2030 hrs	Session 3: Endocrine Lattice		1940 - 2040 hrs	Session 4: Opposing views	
	Chairpersons: Satish Sharma, Uditha Bulugahapitiya Moderator: Sameer Aggarwal			Chairperson: D S Goel Moderator: Deepak Khandelwal	
1930 - 2000 hrs (25+5 min)	Management of Turner Syndrome in Adulthood	Claus H Gravholt	1940 - 2010 hrs (10+ 2 mins) (X2)	Early insulin initiation is not relevant any more in type 2 DM	Parjeet Kaur/ M V Rama Mohan
2000 - 2030 hrs (25+5 min)	Renal tubular acidosis: Implications for physicians	Fernando Santos	2010 - 2040 hrs (10+ 2 mins) (X2)	Statins are overused in current clinical practice	Sanjay Saran/ Jay Chordia
2030 - 2130 hrs	Session 4: The Knowledge Mesh		2040 - 2130 hrs	Session 5: The Endocrine Explorers	
	Chairpersons: Ravi Mohan, Jaiwant Rangi Moderator: Sameer Aggarwal			Chairpersons: Munish Prabhakar, Wali Naseri Moderator: Deepak Khandelwal	
2030 - 2100 hrs (25+5 min)	Endocrine hypertension: Clinical Pearls	Fady Hannah-Shmouni	2040 - 2105 hrs (20+5 min)	Efficacy and safety of Intermittent fasting in diabetes	KVS Harikumar
2100 - 2130 hrs (25+5 min)	Diagnosis and Management of LADA	Ernesto Maddaloni	2105 - 2130 hrs (20+5 min)	Approach to Hypoglycemia in a non-diabetic person	Pradeep Dalwadi

Hall: Endo Bubble			Hall: Knowledge Cloud		
Time	Topic	Speaker	Time	Topic	Speaker
1630 - 1750 hrs	Session 1: Diabetes Dimensions		1600 - 1700 hrs	Session 1: The Cornerstones	
	Chairpersons: Kirtida Acharya, Abbas Raja Moderator: Atul Dhingra			Chairpersons: Adetutu Williams, Ajay Gupta Moderator: Deep Dutta	
1630 - 1635 hrs (05 Min)	Welcome Address	Atul Dhingra	1600 - 1620 hrs (18+2 min)	Evogliptin: Current understanding	Sarita Bajaj
1635 - 1700 hrs (20+5 min)	Pioglitazone: Past, present and future	D C Sharma	1620 - 1640 hrs (18+2 min)	The changing landscape with Biosimilar Insulins in the management of Diabetes	S K Singh
1700 - 1725 hrs (20+5 min)	Role of C-peptide in diabetes practice	Yashdeep Gupta	1640 - 1700 hrs (18+2 min)	Cardio-renal benefits of SGLT2i: A class effect?	Sujoy Ghosh
1725 - 1750 hrs (20+5 min)	Controversies in management of Hypertension in Diabetes	Saptarshi Bhattacharya	1700 - 1800 hrs	Session 2: Diabetes Bookmarks	
				Chairpersons: R M Chhabra, Robin Maskey Moderator: Deep Dutta	
1750 - 1800 hrs	Break		1700 - 1720 hrs (18+2 min)	Targeting time in Range: Increasing possibilities Through Better Glycaemic Control: Role of IDeg/Asp Coformulation	Ambrish Mithal
			1720 - 1740 hrs (18+2 min)	Prime Time with LIRAGLUTIDE: Bring GLP 1 RA early in the conversations	Sanjay Kalra
			1740 - 1800 hrs (18+2 min)	India Heart Study: clinical perspective	C K Ponde
1800 - 1915 hrs	Session 2: Case Discussion: Hypercalcemia		1800 - 2130 hrs	Gynaecological Endocrinology symposium	
	Chairpersons: S L Garg, Khin Saw Than Moderator: Atul Dhingra		1800 - 1900 hrs	Session 1: GDM Gateway	
1800 - 1810 hrs (10 min)	Case presentation	Anshita Agarwal		Chairpersons: Reetu Hooda, Ketut Suastika Moderator: Rajiv Singla	
1810 - 1830 hrs (20 min)	Diagnostic Work up	Deep Dutta	1800 - 1830 hrs (25+5 min)	GDM diagnosis and management during the COVID - 19 pandemic	David McIntyre
1830 - 1850 hrs (20 min)	Management of PTH-dependent and independent hypercalcemia	Rajeev Sharma	1830 - 1900 hrs (25+5 min)	GDM: Need for a continuum of care	Nikhil Tandon

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Saturday, 26th September, 2020

Day-2

Hall: Endo Bubble			Hall: Knowledge Cloud		
Time	Topic	Speaker	Time	Topic	Speaker
1850 - 1900 hrs (10 min)	Case conclusion	Deep Dutta	1900 - 2000 hrs	Session 2: Pregnancy parleys	
1900 - 1915 hrs (15 min)	Q & A			Chairpersons: Ahomagnon Sedrick Chikaoui Tonami, Akta Bajaj Moderator: Rajiv Singla	
1915 - 1930 hrs	Break		1900 - 1930 hrs (10+ 2 mins) (X2)	Metformin can be used for treatment of GDM	Karthik Balachandaran / Chitra Selvan
1930 - 2030 hrs	Session 3: The Endocrine Maestros		1930 - 2000 hrs (10+ 2 mins) (X2)	We are overtreating subclinical hypothyroidism in pregnancy	Mohan T Shenoy / Om Lakhani
	Chairpersons: Aye Aye Aung, Pawan Goyal Moderator: Vineet Surana		2000 -2050 hrs	Session 3: Endocrine elements	
1930 - 2000 hrs (25+5 min)	Incretins in health and disease	Michael Nauck		Chairpersons: Shahjada Selim, Bharti Kalra Moderator: Deepak Khandelwal	
2000 - 2030 hrs (25+5 min)	TBD	TBD	2000 - 2025 hrs (20+5 min)	Pitfalls in diagnosis and management of hyperprolactinemia	Nilanjan Sengupta
2030 - 2130 hrs	Session 4: His Master's Voice		2025 - 2050 hrs (20+5 min)	Patient-centric management of PCOS	Rakesh Sahay
	Chairpersons: Dina Shrestha, Shuchin Bajaj Moderator: Vineet Surana		2100 - 2130 hrs	Session 4: Hashtag Menopause	
2030 - 2100 hrs (25+5 min)	Reno-protective strategies in diabetes	Marc Evans		Chairpersons: Rekha Mehra, Anita Rajorhia Moderator: Deepak Khandelwal	
2100 - 2130 hrs (25+5 min)	The Death D-fying Vitamin	Michael F Holick	2100 - 2130 hrs (25+5 min)	Menopausal Hormonal Therapy in 2020	Tobie de Villers

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Sunday, 27th September, 2020

Day-3

Hall: Endo Bubble			Hall: Knowledge Cloud		
Time	Topic	Speaker	Time	Topic	Speaker
1600 - 1700 hrs	Session 1: Digital workshops on diabetes		1600 - 1700 hrs	Session 1: Diabetes Bytes	
	Chairpersons: Zaw Lynn Aung, Jyoti Bhattarai Moderator: Deep Dutta			Chairpersons: Ye Myint, Umar Mohammed Wahab Moderator: Rajiv Singla	
1600 - 1620 hrs (18+2 Mins)	Insulin injection: Tips and tricks	Aishwarya Krishnamurthy/ Hiya Boro	1600 - 1620 hrs (18+2 Mins)	Immunity in Diabetes: Role of nutrition	Atul Dhingra
1620 - 1640 hrs (18+2 Mins)	Guide to starting and adjusting insulin	Neelam Pandey Kukreti/ Sweety Agrawal	1620 - 1640 hrs (18+2 Mins)	CarbA1c: The New Norm of Diabetes management	Manoj Chadha
1640 - 1700 hrs (18+2 Mins)	Integrated Personal Diabetes Manangement.	Rajiv Singla	1640 - 1700 hrs (18+2 Mins)	Concentrated Bolus Insulin: What are the added benefits?	Sanjay Kalra
1700 - 1750 hrs	Session 2: The Endocrine Navigator		1700 - 2130 hrs	Thyroid Symposium	
	Chairperson: Gagandeep, Satish Chugh Moderator: Atul Dhingra		1700 - 1730 hrs	Session 1: Thyroid Tit-bits	
1700 - 1725 hrs (20+5 Mins)	A practical approach to hyponatremia	S K Sharma		Chairperson: Faria Afsana Moderator: Saptarshi Bhattacharya	
1725 - 1750 hrs (20+5 Mins)	Osteoporosis management simplified for physicians	Ambrish Mithal	1700 - 1705 hrs (05 Mins)	Setting the stage	Saptarshi Bhattacharya
1750 - 1800 hrs	Break		1705 - 1730 hrs (20+5 Mins)	Hypothyroidism: Indian perspective	Deepak Khandelwal
1800 - 1915 hrs	Session 3: Diabetic Foot Symposium: A Case based Discussion		1730 - 1820 hrs	Session 2: Thyroid Networking	
	Chairpersons: Sandeep Suri, Sarah Nadeem Moderator: Vineet Surana			Moderator: Sambit Das	
1800 - 1805 hrs (05 mins)	Introduction	Vineet Surana		Panel Discussion - Thyroid Fatigue Syndrome	Panelist: Meha Sharma, Sweta Singla, Yatan Balhara, Ashish Sehgal, Radhika Jindal
1805 - 1820 hrs (15 mins)	Diagnostic approach to diabetic foot	Amritava Ghosh			

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Sunday, 27th September, 2020

Day-3

Hall: Endo Bubble			Hall: Knowledge Cloud		
Time	Topic	Speaker	Time	Topic	Speaker
1820 - 1840 hrs (20 mins)	Off-loading in diabetic foot	Sai Vikas Yalla	1830 - 1920 hrs	Session 3: Case Based Discussion	
1840 - 1900 hrs (20 mins)	Overview of different therapeutic modalities for diabetic foot	Aliza Lee		Chairperson: Mimi Giri Moderator: Saptarshi Bhattacharya	
1900 - 1905 hrs (05 mins)	Concluding remarks	Vineet Surana	1830 - 1855 hrs (20+5 Mins)	Case based discussion - Hyperthyroidism in pregnancy	Tejal Lathia
1905 - 1915 hrs (10 mins)	Q & A		1855 - 1920 hrs (20+5 Mins)	Difficult to manage hypothyroidism	Alpesh Goyal
1915 - 1930 hrs	Break		1920 - 1930 hrs	Break	
1930 - 2030 hrs	Session 4: The Endocrine Technocrats		1930 - 2030 hrs	Session 4: The Perfect Script	
	Chairperson: Harpreet Singh Moderator: Vineet Surana			Chairperson: Aditya Batra Moderator: Saptarshi Bhattacharya	
1930 - 2000 hrs (25+5 Mins)	Musculoskeletal manifestations of diabetes: Case based approach	Subhankar Chowdhury	1930 - 2000 hrs (25+5 Mins)	Iodine and thyroid disorders: Current understanding	Michael Zimmerman
2000 - 2030 hrs (25+5 Mins)	Celiac Disease: An endocrine perspective	Rajesh Khadgawat	2000 - 2030 hrs (25+5 Mins)	Amiodarone and Thyroid	Daniele Cappellani
2030 - 2130 hrs	Session 5: Beyond the firewall		2030 - 2130 hrs	Session 5: The Supercomputers	
	Chairpersons: Ashok Gupta, Amit Mann Moderator: Atul Dhingra			Chairperson: Monika Chaudhry Moderator: Saptarshi Bhattacharya	
2030 - 2100 hrs (25+5 Mins)	COVID-19 and Metabolic Syndrome	Ranganath Muniyappa	2030 - 2100 hrs (25+5 Mins)	Advances in medical management of Thyroid Ophthalmopathy	Marius Stan
2100 - 2130 hrs (25+5 Mins)	Overview of management of CKD-MBD	Anna Jovanovich	2100 - 2130 hrs (25+5 Mins)	Management of Hyperthyroidism	David Cooper

International Faculty



Prof. Michael F. Holick
Boston, USA



Prof. David Cooper
Maryland, USA



Dr. Michael Nauck
Bochum, Germany



Dr. Marius Stan
Minnesota, United States



Ernesto Maddaloni
Rome, Italy



Dr. Tobie de Villers
Cape Town, South Africa



Prof. Michael Zimmerman
Zurich, Switzerland



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Aarhus, Denmark



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ABOUT SPEED

Society for Promotion of Education in Endocrinology & Diabetes (SPEED) was born out of a yearning to create an academic platform encompassing super-specialists, general physicians and community at large. Laying its roots in 2014, SPEED is the collaborative effort of a group of young endocrinologists. The objective of the society is to promote evidence based and updated endocrinology practice through educational interactions among the different echelons of our society.

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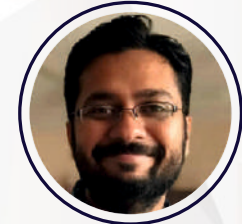
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Deep Dutta

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